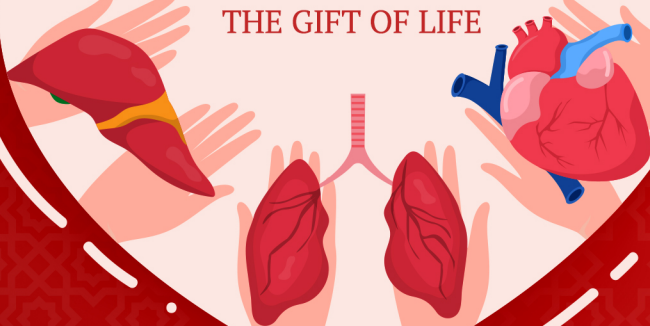


ORGAN DONATION

THE GIFT OF LIFE

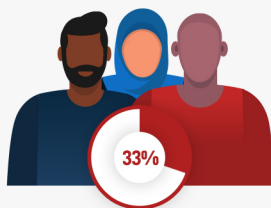
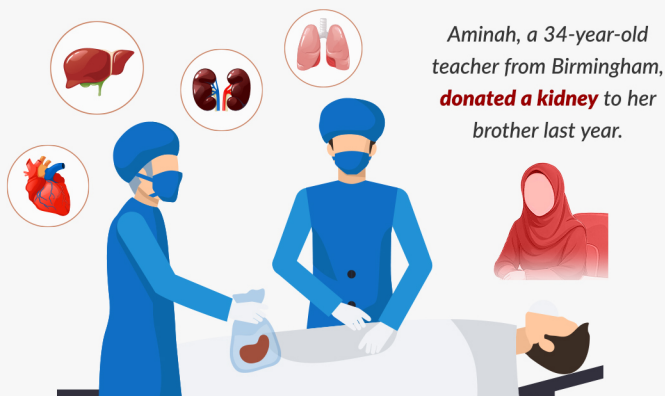


WHAT IS ORGAN DONATION

Organ donation is a voluntary act of giving your organs and tissues after death to help others in need of a transplant.

Organs such as the heart, liver, kidneys, and lungs, and tissues like corneas, skin, and bones, can be donated.

WHY IS ORGAN DONATION IMPORTANT?



Patients from Black, Asian, and minority ethnic backgrounds make up **33% of the transplant waiting list** but only 9% of donors come from these groups

Every day, around



**8,000
PEOPLE**

in the UK are waiting for a transplant.

One organ donor can save up to



9 LIVES

FAITH AND ORGAN DONATION



Many major faiths, including Islam, Christianity, Hinduism, Sikhism, and Judaism, support organ donation as an act of compassion and generosity.



Discussing organ donation with your faith leader can help answer any questions you have.



HOW DOES ORGAN DONATION WORK?



AFTER DEATH

Organs (heart, liver, kidneys, lungs, pancreas) and tissues (corneas, skin, bones) can be used to help others.



LIVING DONATION

Healthy individuals can donate one kidney or part of their liver to someone in need.

TAKE ACTION: HOW YOU CAN HELP



REGISTER AS AN ORGAN DONOR



SIGN UP

Visit the NHS Organ Donor Register online and fill in your details.



YOUR CHOICE

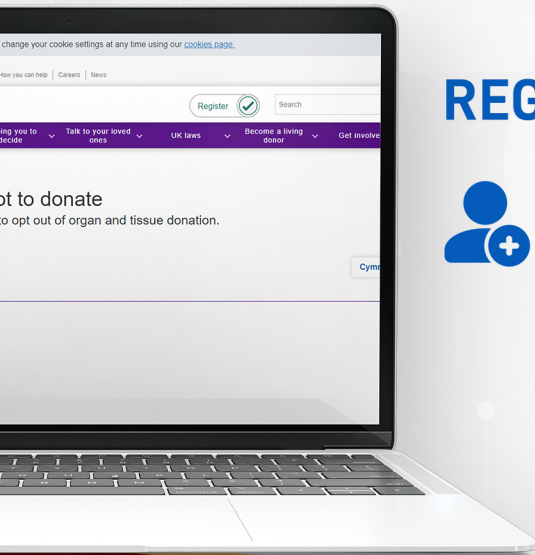
You can choose which organs and tissues to donate.



OPT-OUT SYSTEM

In the UK, everyone is automatically considered a donor unless they opt out. Registering ensures your choice is clear.

Living donation is registered separately



TALK TO YOUR FAMILY

Make sure to discuss your decision with your family. At the time of your death, they will be asked about your wishes. Knowing them in advance can make their decision easier.



ORGAN DONATION IN ISLAM

In Islam, saving a life is considered one of the greatest virtues, and organ donation is increasingly recognised as a powerful means of fulfilling this noble act.



OPT-OUT SYSTEM IN THE UK

The UK operates an opt-out system: everyone is considered a potential donor unless they state otherwise. Reminder: It's still vital to share your decision with your family.

Interested in becoming a living donor? Visit NHSBT living donation page

<https://www.organdonation.nhs.uk/>

